

Adult Learners...

- ▶ Are internally motivated and self-directed
- ▶ Bring life experiences and knowledge to learning experiences
- ▶ Are goal oriented
- ▶ Are relevancy oriented
- ▶ Are practical
- ▶ Like to be respected
- ▶ Need to be validated
- ▶ Experience a dip in self-efficacy with new initiatives
- ▶ Spend all day with children and they need adult socialization
- ▶ Need to know why “You” are mentoring/coaching them
- ▶ Expect feedback on the work that they do
- ▶ Internalize and use strategies which they experience

